

Tips to help you with the rising costs of living

With so many services and support groups to choose from, it's overwhelming trying to find the right information – we can help point you in the right direction.

With the cost of living rising, we could all do with some extra money and help to keep the cost of our energy bills down.

We can signpost you onto a range of organisations and services for support if we cannot help. Please call us on: 0151 330 5678 (Mon-Fri 10am-3pm).

We've pulled together a few useful information pages to help you below:

AgeUK has some helpful information that can help you feel more in control of your finances. Check out their cost of living pages: www.ageuk.org.uk/information-advice/money-legal/cost-of-living/

Cost of living payments - Find out what government support you can get to help with rising energy costs.
www.ageuk.org.uk/information-advice/money-legal/debt-savings/energy/cost-of-living-payments/

Energy saving tips - to help you save on your bills.
www.ageuk.org.uk/information-advice/money-legal/debt-savings/energy/energy-saving-tips/

Save on water bills - and on the energy you use.
www.ageuk.org.uk/information-advice/money-legal/debt-savings/save-on-water-bills/