

December Activities

DATE	TIME	ACTIVITY	INFORMATION	COST
01/12/2022	1pm - 3pm	Comedy Session	Learn how laughter makes you feel and the associated health benefits. How humour can build resilience and help you problem solve. It will provide the opportunity to make new friends	Free
06/12/2022	10.30am - 1.30pm	LFC Tour	One of most iconic football clubs in world football opens its doors to us on what is sure to be a memorable experience. Enjoy a tour around Britain's most successful club in European football. Thanks to the generosity of LFC the tour is free but spaces are limited so call us to reserve a place now!	Free
15/12/2022	1pm - 3pm	Comedy Session	Learn how laughter makes you feel and the associated health benefits. How humour can build resilience and help you problem solve. It will provide the opportunity to make new friends	Free

Please telephone Age Concern Liverpool and Sefton on 0151 330 5678 to reserve your place